

GUIDANCE HUB RETREAT 2024 / 1445 AH



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# *SNOWDONIA RETREAT 2024*

Friday 9th August - Monday 12th August 2024



# *As-salamu'alaykum dearest brother*

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Guidance Hub is pleased to welcome you in joining us for an unforgettable spiritual retreat. A weekend filled with congregational worship, remembrance of Allah, spiritual reminders and companionship. Set in the scenic backdrop of the Snowdonia National Park, North Wales in the company of our honourable teacher Shaykh Waseem Ahmed.

## **SNOWDONIA, NORTH WALES**

With wild landscapes and villages steeped in history, Snowdonia is a breathtaking destination.

It's best known for hiking, but there's plenty more to enjoy, from waterfalls, lakes and world-class mountain biking to a vintage steam railway that climbs the highest peak in Wales.

The Snowdonia National Park boasts vast areas of natural beauty and unique scenery. It is known as Eryri in Welsh a name that can be translated as "the place of the eagles".

It is also the oldest national park in Wales having been founded in 1951 and is home to the tallest mountain in Wales and England, Mount Snowdon.





## *Where will I be staying?*

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*Sleep between the summit and the sea, in the birthplace of Lawrence of Arabia : Snowdon Lodge.*

**Snowdon Lodge**, close to the spectacular mountains of Snowdonia and the sandy beaches of the Llyn Peninsula.

Also known as Tŷ Lawrence (Lawrence House), is famous for being the birthplace of Lawrence of Arabia.

Snowdon Lodge is a fascinating place to stay. It is a grade 2 listed historic building, and in the dining room some Lawrence memorabilia are displayed. Outside there is a plaque commemorating the birthplace of Lawrence of Arabia and a bench marking the 80th anniversary of his death.

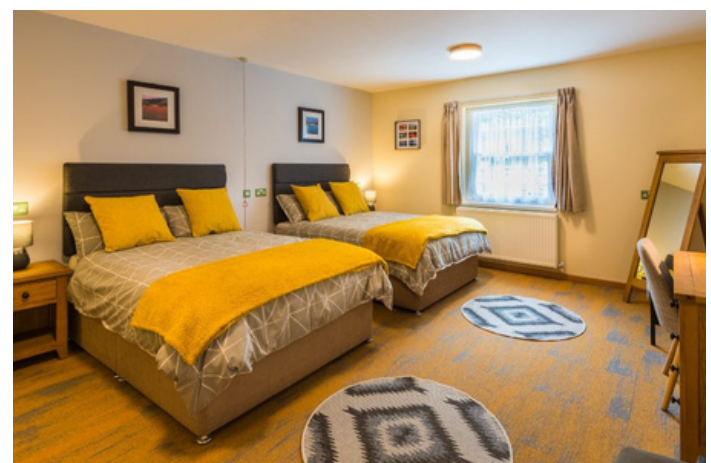
From this location you can enjoy the beach at Black Rock Sands less than two miles away or explore the many coves and beaches. The famous Portmeirion Italianate village is only 4 miles away and the castles of Caernarfon, Harlech and Criccieth only a short drive.





## FACILITIES PROVIDED:

- The house is central heated and has a woodburner in the large lounge.
- There is free broadband WiFi throughout the building.
- The ten bedrooms are different sizes with twins, doubles and larger rooms sleeping five or six people.
- There are wash basins in most rooms and plenty of hot showers and toilets.
- The large fully equipped self-catering kitchen leads into a dining room decorated with Lawrence of Arabia memorabilia and seating up to 38 people.
- There are two TV rooms and the large lounge has a wood burner.
- There is a very large private car park around the property
- You can enjoy extensive woodland walks directly from the grounds.
- Other facilities include a drying room and storage.
- Access is provided via a key code making it easy to give all your group access to the house at any time.





# *How do I get there?*

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You will need to make your own transport arrangements to the retreat location.

## **ADDRESS:**

Snowdon Lodge Group Hostel,  
Lawrence House, Church Street,  
Tremadog,  
Nr Porthmadog,  
Gwynedd,  
Snowdonia, LL49 9PS

## **DIRECTIONS:**

Snowdon Lodge is in the Village of Tremadog, 200m from the village centre and just off the Caernarfon road (A487).





# *Itinerary*

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## **FRIDAY 9TH AUGUST 2024**

17:00	ARRIVAL (GUESTS TO MAKE THEIR OWN WAY)
17:00 - 19:00	CHECK-IN AND SETTLE INTO ROOMS
19:30	ASR PRAYER & WELCOME
20:00	EVENING MEAL
20:52	MAGHRIB PRAYER, DHIKR & SPIRITUAL REMINDER
23:00	ISHA PRAYER
23:30	REST





# *Itinerary*

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## **SATURDAY 10TH AUGUST 2024**

02:00	TAHAJJUD PRAYER
04:00	FAJR & DHIKR FOLLOWED BY RECITAL OF SURAH YASEEN
05:00	SLEEP
09:00	BREAKFAST
10:30	GORGE SCRAMBLING AND CANYONING ACTIVITY
14:00	LUNCH
15:00	ZUHR PRAYER
15:30	PERSONAL REFLECTION TIME
19:00	ASR PRAYER FOLLOWED BY MAWLID GATHERING
20:50	MAGHRIB PRAYER & DHIKR
21:30	BBQ MEAL
23:00	ISHA PRAYER
23:30	REST



# *Itinerary*

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## **SUNDAY 11TH AUGUST 2024**

02:00	TAHAJJUD PRAYER
04:00	FAJR & DHIKR FOLLOWED BY RECITAL OF SURAH YASEEN
05:00	SLEEP
09:00	BREAKFAST
10:30	NATURE HIKE
14:00	LUNCH
15:00	ZUHR PRAYER
15:30	PERSONAL REFLECTION TIME
19:00	EVENING MEAL
19:30	ASR PRAYER FOLLOWED BY SPIRITUAL REMINDER
20:48	MAGHRIB PRAYER & DHIKR
23:00	ISHA PRAYER

## **MONDAY 12TH AUGUST 2024**

04:00	FAJR & DHIKR FOLLOWED BY RECITAL OF SURAH YASEEN
08:00	BREAKFAST & CHECK-OUT





# *What do I need to bring?*

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## **FOR THE OVERNIGHT STAY AND ACTIVITIES:**

- Appropriate number of clothes
- Trainers
- Toiletries
- Towels
- Prayer mat
- Personal Qur'an
- Personal cushion/floor seat
- Slippers
- Any required medication
- Specific dietary items
- Petty cash



## **KIT LIST FOR THE HIKE:**

- Thermal base layer and top
- Waterproof jacket and trousers
- Waterproof trekking boots \* / stick
- Hat and gloves
- Spare fleece or woollen top
- Prayer Mat
- Any snacks you might want & a water bottle
- Rucksack
- Plastic bag



\* Trekking boots are essential for the hike, lack of boots may prohibit you from taking part in the activity.



## *What is included?*

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- Accommodation
- Full board i.e all meals (although feel free to bring along extra snacks)
- Access to activities: Gorge scrambling, sand-dune beach and a guided nature hike
- Welcome pack and retreat booklet

## *What is not included?*

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- Transport
- Personal travel insurance
- Souvenirs from tourist sites
- Main meals will be provided. Additional meals and snacks can be purchased at individual expense.

## *Additional info*

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Phone service may be intermittent at times, depending on where you are/ what activity you are partaking in, so let friends and family know that you will be away for these four days.

We also recommend that you bring along petty cash or a credit card, in addition to a camera to capture all the beautiful scenic views.





GuidanceHub

# *Thank you*

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We are excited to share this journey with you and hope that this retreat will be an uplifting and enjoyable experience, whilst witnessing the amazing creations of Allah Almighty.

If you have any questions please do not hesitate to contact us on 0161 870 6001, WhatsApp 07983432900 or email [info@guidancehub.org](mailto:info@guidancehub.org)