

ISNAD Institute Islamic Studies

Foundation Level 1

ARABIC 2 : SARF APPLIED ARABIC : MUFID AL-TALIBIN RHETORIC : AL-BALAGHA AL-WAD
AL- TADHKIRA COMPARATIVE EXEGESIS : TAFSIR MUQARAN ADVANCED LEGAL THEORY
PTURAL STUDIES : KUTUB SITTA ISLAMIC CANON : HIDAYA CLASSICAL ARABIC I CLASSIC
OF ARABI **Explore - Our dynamic range of courses** ANCE HEAVEN, HELL AND OTHER BELIEFS
ONAL LAW **Enrol - On the courses of your choice** QURAN INTERPRETATION ISLAMIC LEGAL THEO
QH OF WO **Experience - The spiritual and intellectual heritage of Islam** E FUNDAMENTALS OF FA
YER CHOSEN PROPHET: MECCAN LIFE MANNERS AND ETHICS DIVINE ATTRIBUTES FIQH C
KAH FOR MODERN MUSLIMS HAJJ : INNER AND OUTER DIMENSIONS DEADLY SINS ESS
NCE I JOURNEY THROUGH HADITH I 10 STEPS TO ALLAH'S CLOSENESS 40 PRINCIPLES C
D DIVORCE ESSENTIALS OF ISLAMIC FINANCE II JOURNEY THROUGH THE QURAN JOURNE

1. Etiquettes of Seeking Knowledge



Introduction

We often hear that the first word to be revealed in the Qur'ān is 'read'. Sacred Knowledge of the religion is special. It is different to other types of knowledge as it takes you on the path to Allāh Almighty.

Due to being unaware of the correct etiquettes concerning knowledge, many students attempt to tread this sacred path but are unable to reach their goals. Consequently, they become deprived of the fruits and

benefits of knowledge. This brief but comprehensive unit will equip you with the provisions required to set out on this sanctified journey.

Unit Aims:

To understand the importance of seeking Sacred Knowledge

To comprehend the inner and outer dimensions of seeking knowledge

To recognise the dignified etiquettes required when studying the religion

What will I learn?

The reality of knowledge and its virtues

Intentions for the seeker of knowledge

The respect for knowledge and teachers

The respect for tools of knowledge and peers

Suitable times in which knowledge is sought

Obtaining benefit from knowledge gained

Piety when acquiring knowledge. Guidelines for studying and improving memory.

What will I achieve?

By the end of this unit, you should be able to:

- Demonstrate the correct manners and etiquettes when seeking knowledge
- Explain the importance and virtues of Sacred Knowledge
- Practically implement the higher purposes of seeking knowledge

2. Foundation of Faith



Introduction

By accepting core Islamic doctrines, a person becomes a believer. These doctrines include beliefs about Allah, angels, divine books, prophets, the day of resurrection, and destiny. It is through studying these

fundamental beliefs that we can strengthen our faith in Islam, especially in these testing times. This course will equip you with foundational knowledge needed to answer questions such as:

What did the Prophet (peace be upon him) teach us about Allah?

What is the Islamic belief about scriptures such as the Bible and the Torah?

Why did Allah send prophets?

Unit Aims:

Understanding the core beliefs of Islam.

Understanding the nature of free-will and destiny.

Identifying beliefs which lead to disbelief.

What will I learn?

You will learn about:

The attributes of Allah based on the Quran and Sunnah.

The existence and reality of angels.

The difference between a prophet and a messenger.

The day of judgement, the intercession of the Prophet Muhammad (peace be upon him) and much more.

What will I achieve?

By the end of this unit, you should be able to:

- Explain the Oneness of Allah.
- Describe key qualities of prophets and messengers.
- Explain the difference between the Quran and previous revealed books.

3. Half of Faith: Purification



Introduction

We often hear the famous *hadith* that purification is half of faith. Correct purification and ablutions are the keys to prayer, because without purification, our prayers would be invalid.

Can you imagine someone who has been praying for years without learning the

correct method of ablutions, (*wudu*), or bathing, (*ghusl*); there is a strong possibility that their prayers are invalid.

Unit Aims:

Understanding the importance of purification in Islam.
Understanding purification as a pre-requisite for worship.
Understanding the spiritual implications of ablution.

What will I learn?

The fundamentals of ritual ablution, bathing, and dry ablution
Correct etiquettes of purification based on Prophetic teachings
Different types of impurities and how to correctly cleanse them
How to avoid common mistakes pertaining to purification
Rules of purification for female-specific issues such as menstruation and post-natal bleeding

What will I achieve?

- Explain the core fundamentals for ablutions to be valid.
- Describe the sunna method of making ablutions and bathing.
- Explain which factors necessitate bathing.
- Explain how to make ablutions during an illness.

4. Prophet's Life (Meccan Phase)



Introduction

There was a person whose humility was like the Earth and whose generosity like the Sun. A man whose speech was gentler, subtler, and clearer, than the dew which adorns meadows in the early mornings of summer. Although he walked the Earth over a millennium ago, his personality, his message, and his very essence, continue to inspire and

attract over 1 billion people today. We all know we have to love him, follow him, and imitate him if we want to pursue happiness in this world and the next. Think about it: Is any of this possible if we do not know about him? Can love for the Prophet (peace be upon him) blossom in our hearts while we remain ignorant about him, his sacrifices and life? This unit is about the early life of the Prophet (peace be upon him) in Mecca. Unit FPHM2 focuses on the latter part of his life called the Medinan Period.

Unit Aims:

Understanding the early context in which Islam emerged.

Understanding the perfection of Allah's Prophet (peace be upon him), even before Islam.

Understanding the sacrifices and persecution suffered by the Prophet (peace be upon him).

Understanding the application of the Prophet's life to the modern age.

What will I learn?

The Prophet's birth. His infancy and childhood. The first revelation and the beginnings of Islam. Different miracles of the Prophet (peace be upon him) including his Night Journey (Mi'raj). The first migration of the Muslims.

What will I achieve?

By the end of this unit, you should be able to:

- Explain early context and social dynamics in which Islam developed.
- Evaluate different approaches to studying this subject.
- Explain how the Prophet's life is relevant to modern times.
- Describe key events in the Prophet's early life.

5. Fiqh of Prayer I



Introduction

Prayer, or Salah as it is called in Arabic, is the means for human beings to communicate with Allah Almighty. It is, in the words of the Prophet (peace be upon him), what distinguishes a believer from a non-believer. In fact, the importance of the 5 daily prayers can be

understood from the Prophet's (peace be upon him) saying: "The prayer is the coolness of my eye."

The question you should ask yourself is, am I praying correctly? The Prophet, (peace be upon him) instructed us to pray just as he did. So how did he pray exactly? What if I'm running late for something; can I delay the prayer? How do I make up years of missed prayers?

Unit Aims:

Understanding the significance of prayer.

Understanding how prayer is affected by extenuating circumstances.

Understanding the spiritual implications of prayer.

What will I learn?

The fundamentals of prayer, its etiquettes, and method based on the Quran and Hadith. What nullifies the prayer and what to do if you forget a part of it. How to pray as a traveller or in a vehicle.

The pre-requisites of prayer.

Different types of prayers for different occasions, based on the Quran and Hadith.

What will I achieve?

- Describe the Prophetic method of praying.
- Evaluate the underlying reasons for some differences regarding the method of prayer.

6. Journey to Allah



Introduction

Self-discovery and spiritual growth are key elements of the Islamic tradition. Our purpose on this Earth is to ultimately move on to the next realm in the grave and then beyond through the resurrection and return to our Creator, Allah. As part of that journey it is incumbent upon us to embody the best of

characteristics. So much so that not making the efforts to improve our inner traits will hamper and obstruct us in our journey to Allah.

Aims:

Understanding the inner traits of a human.

Understanding our spiritual growth is dependent on improving our character.

Changing our mindset to prepare for success in the Afterlife.

What will I learn?

Traits that are obligatory to personify into our demeanour.

How to change oneself inwardly for the better.

The stages of the journey to Allah and finding a balance in life.

What will I achieve?

- Evaluate your spiritual state and realise your shortcomings and areas of concern
- Improve your character through acting on the guidance provided
- Become a better person both inwardly and outwardly

7. The Prophet's Life (Medinan Phase)



Introduction

After the migration from Mecca to Medina, the Prophet (peace be upon him) initiated the first Islamic government, the basis of which was mercy, tolerance, and mutual understanding.

The historical achievements of the Prophet (peace be upon him) are significant today; from his humanitarian treaties with non-Muslims to his unparalleled approach to governance, all provide a model for modern life.

In this unit, you will actively journey through key landmarks in this period of the Prophet's life, year by year, to gradually deepen your relationship with and to draw on his life to better yours in today's world.

In this unit, you will actively journey through key landmarks in this period of the Prophet's life, year by year, to gradually deepen your relationship with and to draw on his life to better yours in today's world.

Unit Aims:

Understanding the development of the first Islamic government.

Understanding the underlying principles behind key Prophetic decisions.

Understanding the implications of those decisions and teachings for the modern world.

What will I learn?

The Prophet's migration to Medina. Key agreements and treaties between the Prophet (peace be upon him) and the people. The nature of the Prophet (peace be upon him) in a variety of roles, as father, spouse, leader, and Messenger. Different miracles of the Prophet (peace be upon him). Key events during the Medinan Period.

What will I achieve?

- Explain the Prophet's (peace be upon him) approach to nurturing an entire civilisation.
- Describe decisive battles and expeditions during the Medinan period.
- Analyse the narrative of the Prophet's life to draw on its application to your life.

8. Unseen Worlds



Introduction

This core unit covers all the key questions you have ever had about Islamic beliefs in the extra rational:

What are Jinns and how do they behave? What happens after you die? What will take place on the Day of Judgement? What are miracles and who can perform them?

Unit Aims:

To introduce key Islamic doctrines pertaining to the Unseen.
To provide a scriptural basis for learned doctrines.
To understand rational justifications for these beliefs.

What will I learn?

Pre-Destiny.
Divine Power and Free will.
Resurrection and Judgement Day.
The levels of Paradise and Hell.
The Beatific Vision.
The World of Angels and Jinn.
The World of the intermediary realm, Different types of Miracles.

What will I achieve?

By the end of this unit, you should be able to:

- Explain central tenets of faith in Islam
- Confidently answer skeptics using a range of rational proofs for key beliefs
- Describe the sequence of events on the Day of Judgement
- Differentiate between different types of miracles
- Describe the Islamic view of the unseen in relation to angels, spirits, and the extra rational worlds.

9. Fiqh of Prayer II



Introduction

Praying together is a key part of a healthy Islamic society. Congregational prayer was attended by men, women, and children at the time of the Prophet, peace and blessings be upon him. Do you know the rules of congregational prayer? Among these prayers is the Friday prayer as well.

As well as praying together we may find ourselves in situations when prayer becomes difficult or circumstances are not as ideal as we expect. Islam has catered for all situations. Praying whilst travelling has its specific rulings as well as illnesses that prevent movement. Therefore, we need to learn about such situations. There are other prayers that have been gifted to us and we will learn about, such as the Eid prayer, prayer of fear and eclipse prayer.

Unit Aims:

To cover and understand the various prayers that exist in Islam.

Understanding how rulings of prayer change when circumstances change.

Become able and confident in performing all types of prayers.

Know what to do if you make a mistake in prayer or forget.

What will I learn?

Congregational prayer its conditions, who should lead and what to do if you join late.

Jumu'a prayer, Traveller's prayer, prayer for an ailing person, Eid prayer & more.

How to rectify a mistake in prayer by doing the Prostration of Forgetfulness.

Rulings about death, washing the deceased shrouding funeral prayer and burial.

What will I achieve?

- Be able to perform various prayers and in congregation
- Recognise what constitutes a mistake in prayer and what does not
- How to continue praying even if one has made a mistake
- Adjust your prayer when circumstances change
- Able to know what dispensations are utilisable in various scenarios

10. The Devil's Trap



Introduction

Allah is with you, but you choose to distance yourself from Him through the veils of sin. The more you sin, the further away you become from Allah. This course will teach you everything you need to know to answer questions like:

*Why do people commit sins?
How do I stop myself from*

*disobeying Allah? How do I become a better Muslim? Are my problems a direct result of my sins?
What can I do to spiritually grow stronger and increase my Iman?*

What will I learn?

Different levels of sinning.
The spiritual ramifications of particular sins.
The pillars of repentance (tawbah) and how to do it.
Differences between desires of the ego and whispers of Satan.
How to protect one's self against disobedience to Allah.
The root causes for sinning and how to treat them.

Unit Aims

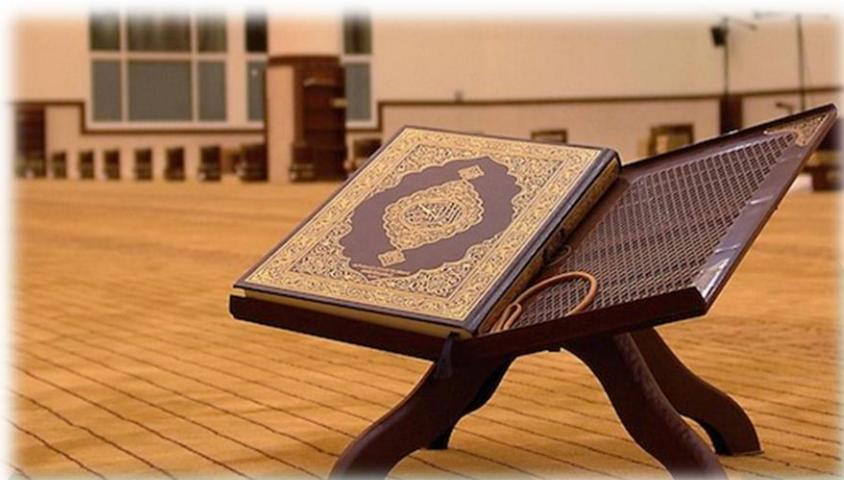
To understand the importance of seeking Sacred Knowledge
To comprehend the inner and outer dimensions of seeking knowledge
To recognise the dignified etiquettes required when studying the religion.

What will I achieve?

By the end of this unit, you should be able to:

- Analyse various textual sources from the Quran and Hadith relating to at least 10 major sins.
- Compare the nature of sin across Islam and one other faith.
- Assess yourself and synthesise effective plans to support your own spiritual growth.
- Define the different types of ego and explain how to identify your type.
- Describe the fundamental ways for purifying the heart.

11. Connecting with the Qur'ān



Introduction

“Thus do We explain in detail the signs for a people who give thought...” (Al-Qur'ān, 10:24)

Allāh Almighty encourages us to contemplate and explore His Book – we must question ourselves, in reality, how connected are we to His Divine Words? How well do we know the Book of Allāh?

This special unit has been carefully designed for anyone who wishes to strengthen their connection with the Qur'ān by exploring its deeper meanings and guidance. Although it is not possible to explore the entire Qur'ān in sufficient depth in a short period of time, this course will provide you with a unique insight into the most commonly recited chapters, including: Al-Fatihah, Al-Ikhlâs, Al-Falaq and Al-Naas; thus, becoming a strong foundation for any future Qur'ān studies.

Your journey through the Qur'ān will consist of a distinctive blend of traditional explanations, modern linguistic analyses, spiritual insights, and stylistic frameworks, so that you can appreciate and understand the miraculous nature of this Divine Book and practically apply it to your life.

Unit Aims:

To attach oneself to the Qur'ān and make it a means of gaining closeness to Allāh Almighty.
To understand the meanings of certain chapters of the Qur'ān.
To evaluating our own lives in light of the Qur'ān.

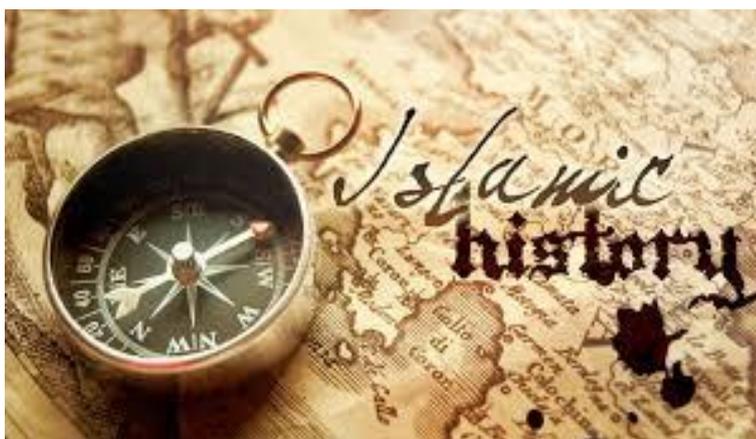
What will I learn?

The meanings of Surah Al-Fatihah and other short chapters. Topics that effect the fabric of society and which are central to our daily lives. The stylistic features of Surah Al-Fatihah and other short chapters. The motives and purposes for the revelation of these chapters. Comprehensive explanations of each of these chapters.

What will I achieve?

- Understand Surah Al-Fatihah and explain key concepts in detail.
- Draw on the implications of these chapters and apply them to your own lifestyle.
- Explain the spiritual benefits of these chapters.

12. Islamic History



Introduction

The rich heritage and matchless of history of the Islamic World has intrigued Muslims and non-Muslims alike. Beginning with the Golden Age of the Prophet (peace be upon him) until our times, the Islamic World has seen the rise and fall of some of history's most epic rulers and civilisations. We have structured this unit so that it provides you with a holistic overview of Islam's history

right up to the Ottoman Period and into the modern age. You will be introduced to key figures and dynasties along with their contributions to the world. It's an intriguing tale of piety, politics, deceit, heroes, and villains which will take you across Arabia, India, North Africa, and Europe.

Unit Aims:

Understanding of the various dynasties
Understanding of the rich Islamic heritage
A holistic view of Islam's history

What will I learn?

Omayyad Dynasty: Conquests and Captives
Abbasid Dynasty: Knowledge, Wisdom, and Bloodshed
Andalusian State: The Mediterranean Jewel
Mamluk Dynasty: The Slave Kings
Ayyubid Dynasty: Liberating Palestine
Moghul Empire: At the Heart of India
Ottoman Empire: The Gunpowder Nation

What will I achieve?

- Chart the expansion of various Islamic dynasties across 1300 years.
- Analyse the impacts of Islam's history on the current state of Muslims.
- Evaluate the nature of significant events, like the Crusades, from Muslim and Western sources.
- Identify the social, scientific, cultural, technological, and academic contributions of Muslim scholars from across 1300 years.

For more information please visit:

www.guidancehub.org/idp

Email education@guidancehub.org

Call: 0161 870 6001